

# Derbyshire Family Weight Management



**Do you live in Derbyshire (excluding Derby City)?  
Are you a parent/carer, of a child/children under the age of 16?**

If so, we would like to have a chat with you about family weight management topics such as diet, healthy eating and weight management support.

Take part from the comfort of your own home, over the telephone, or online via Zoom. All discussions will take 1-hour, are anonymous and confidential.

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You will receive a £25 gift voucher as 'thanks' for taking part. The information will be used to help inform local services.

You can register your interest by clicking the link and leaving contact details, or get in touch using the email and phone number below.

**To register for an interview/group discussion, visit  
<https://www.surveymonkey.co.uk/r/8QPHW7X>**

Email: [Adrian.smith@uni.uk.net](mailto:Adrian.smith@uni.uk.net)

Phone: 07894 264 062

**Questions? Contact  
the team.**